

# LITANY OF HEALING FOR FAMILIES

Heavenly Father, I give you thanks, honor, glory, and praise for my family. I ask you, in the name of your son Jesus, to bless and protect each one of us and to help us be attentive to your plan for our lives. I also ask you to preserve our health and to heal us individually and collectively as a family unit: spiritually, emotionally, and physically for your greater glory.

Remove all obstacles (any unforgiveness, negative inner vows we have made, oppressive ungodly spirits) preventing a harmonious spirit and cooperative behavior within our family.  
I believe in You, Lord! Help my unbelief! May Your will be done!

From all habits of sin preventing a close relationship with you,  
Heal my family, O Jesus.

From anything preventing a Spirit-driven life,  
Heal my family, O Jesus.

From anything preventing acceptance of the the Father-God's unconditional love he has for us as adopted sons and daughters,  
Heal my family, O Jesus.

From anything preventing the peace, joy, goodness and unity that only You can provide,  
Heal my family, O Jesus.

From anything preventing having the mustard seed faith that can move mountains,  
Heal my family, O Jesus.

From all forms of selfishness and pride,  
Heal my family, O Jesus.

From all inherited spiritual defects,  
Heal my family, O Jesus.

From spiritual apathy,  
Heal my family, O Jesus.

From all forms of addiction,  
Heal my family, O Jesus.

From the effects of painful memories,  
Heal my family, O Jesus.



From bondage caused by negative inner vows,

Heal my family, O Jesus.

From all the effects of broken relationships due to unforgiveness, adultery, divorce, and/or the various forms of abuse,

Heal my family, O Jesus.

From all unhealthy attachments,

Heal my family, O Jesus.

From all ungodly emotions, attitudes, and behaviors, (e.g. pettiness, manipulation, argumentativeness, jealousy, etc.)

Heal my family, O Jesus.

From all inherited emotional and psychological defects,

Heal my family, O Jesus.

From all emotional and psychological illnesses,

Heal my family, O Jesus.

From all inherited physical defects,

Heal my family, O Jesus.

From all physical afflictions and illnesses,

Heal my family, O Jesus.

Lord, increase the virtue of faith in my family.

Lord, increase the virtue of hope in my family.

Lord, increase the virtue of charity in my family.

Help us, Lord, to internalize the words of Joshua: "As for me and my household we will serve the Lord." (Joshua 24:15)

Take healing a step further and meditate on Joshua 6:1-27.

Perhaps you will be the Joshua of your family—interceding and orchestrating the walls your family builds around one another to fall flat.