

A Prayer for Healing

Lord Jesus, you came to heal our wounded and troubled hearts.
I beg you to heal the torments that cause anxiety in my heart;
I beg you, in a particular way, to heal all which are the cause of sin.
I beg you to come into my life and heal me of the psychological harms
that struck me in my early years and from the injuries that they caused
throughout my life.

Lord Jesus, you know my burdens. I lay them all on your Good Shepherd's
Heart. I beseech you—by the merits of the great, open wound in your
heart—to heal the small wounds that are in mine.
Heal the pain of my memories, so that nothing that has happened to me
will cause me to remain in pain and anguish, filled with anxiety.

Heal, O Lord, all those wounds that have been the cause of all the evil that
is rooted in my life. I want to forgive all those who have offended me.
Look to those inner sores that make me unable to forgive.
You who came to forgive the afflicted of heart, please heal my own heart.

Heal, my Lord Jesus, those intimate wounds that cause me physical illness.
I offer you my heart. Accept it, Lord; purify it and give me the sentiments of
your Divine Heart. Help me to be meek and humble.

Heal me, O Lord, from the pain caused by the death of my loved ones,
which is oppressing me. Grant me to regain peace and joy in the knowledge
that you are the Resurrection and the Life.
Make me an authentic witness to your Resurrection, your victory over sin
and death, your living presence among us.

A Prayer for Deliverance

My Lord, you are all-powerful, you are God, you are Father. We beg you
through the intercession and help of the archangels Michael, Raphael, and

Gabriel for the deliverance of our brothers and sisters who are enslaved by the evil one. All saints of heaven, come to our aid.

From anxiety, sadness, and obsessions, we beg you, *free us, O Lord.*

From hatred, fornication, envy, we beg you, *free us, O Lord.*

From thoughts of jealousy, rage, and death, we beg you, *free us, O Lord.*

From every thought of suicide and abortion, we beg you, *free us, O Lord.*

From every form of sinful sexuality, we beg you, *free us, O Lord.*

From every division in our family and every harmful friendship, we beg you, *free us, O Lord.*

From every sort of spell, malefice, witchcraft, and every form of the occult, we beg you, *free us, O Lord.*

Lord, you who said, “I leave you peace, my peace I give you,” grant that, through the intercession of the Virgin Mary, we may be liberated from every evil spell and enjoy your peace always, in the name of Christ, Our Lord. Amen.

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